

Gluten-Free Menu

Welcome!



We are very pleased to offer our Gluten-Free* menu at our Saint Paul and Downtown Minneapolis locations!

The items in this menu have no wheat or wheat gluten. We use French's Worcestershire, Sweet Baby Ray's BBQ sauce and we checked into the sources of maltodextrin in our groceries and the ones listed here are from corn. Our General Manager and Kitchen Manager have been certified through the Celiac Awareness Group, and our cooks and wait staff have been properly trained in avoiding cross-contamination. If you have any feedback or comments, please feel free to email me at laura@pizzaluce.com. I hope you enjoy your meal!*

Laura Hansen
Pizza Lucé COO

**While we intend to offer you a gluten free meal, we are a flour rich pizzeria, please take that into consideration when dining with us.*

appetizers, salads and pasta

appetizers

APPETIZER SAMPLER 11.99

Small portions of our artichoke dip ramekin, fresh tomato bruschetta, sun dried tomato Tapenade and our red sauce served with warm buttered GF rolls.

LUCÉ'S CHICKEN WINGS

Our plump marinated chicken wings baked in your choice of sauce and served with celery sticks. Choose from:

- Spicy buffalo served with bleu cheese dressing
- Tangy Sweet Baby Ray's BBQ with bleu cheese dressing

Order of Ten 7.99

ARTICHOKE DIP 8.99

A baked dip of artichoke hearts, garlic, jalapeño, parmesan and cream cheese. Served with buttered GF rolls.

BRUSCHETTA 7.39

Buttered GF rolls served with a mix of fresh tomatoes, fresh basil, garlic, extra virgin olive oil, & parmesan cheese.

GREEK OLIVE TAPENADE 5.99

Greek olive and sun-dried tomato tapenade loaded with garlic and parsley, served with a toasted GF roll.

pasta

Our stuffed shells are made in Conte's Gluten-Free kitchen on the East Coast, and are served with a buttered GF roll.

STUFFED SHELLS 8.39

Cheese filled stuffed shells covered in our homemade spaghetti sauce and melted mozzarella cheese.

salads

Top any salad with tofu, chicken, anchovies or gorgonzola for 99¢ (small) or \$1.59 (large)

CAESAR SALAD

Please help our servers remember to order it without croutons or sliced bread. Romaine lettuce and fresh parmesan cheese served with our traditional Caesar dressing.

small 3.69

large 5.99

GREEK SALAD

Please help our servers remember to order it without sliced bread. Mixed greens with calamata olives, tomatoes, cucumbers, red onions, feta cheese and pepperoncini. Served with our homemade Greek vinaigrette.

small 4.59

large 7.29

GARDEN SALAD

Please help our servers remember to order it without croutons or sliced bread. Mixed greens, tomatoes, cucumbers, red onions, and carrots. Served with your choice of dressings. (French, ranch, Italian, white balsamic, Greek, bleu cheese or Caesar –all GF)

small 3.69

large 5.99

SPINACH SALAD

Please help our servers remember to order it without sliced bread. Fresh spinach, radicchio, candied pecans, dried cranberries, red onions and Gorgonzola cheese. Served with our homemade white balsamic vinaigrette.

small 4.79

large 7.59

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Message to gluten free vegans and vegetarians

Dairy Free and Gluten Free? Our Gluten-Free crusts are vegan and for an additional topping charge we offer toppings like our homemade “un”cheese called Rinotta. We make Rinotta with rice flour, cashews and tofu. We also have Follow your Heart Soy cheese, and it’s great on any of our pizzas. Our soy cheese is gluten-free, casein free, vegan and non GMO. Also, try our Molly Bar – it’s vegan, gluten free and decadently chocolate!

pizza

We buy our dough pre-made from our local Gluten Free bakery COOQI! All of our GF crusts are 10”, and serve 1-2 people. Our award winning pizza combinations are made with 100% real mozzarella cheese and our homemade red sauce or Bianca sauce. Bianca Sauce is our unique blend of olive oil, fresh garlic and Italian seasonings.

THE LUCÉ

Homemade sausage, garlic, onions and mozzarella cheese on red sauce. 16.89

FRESH VEGGIE

Generous amounts of fresh diced tomatoes, mushrooms, green peppers, onions, black olives, and mozzarella cheese on red sauce. 16.89

THE CLASSIC

Italian sausage, pepperoni, mushrooms, green peppers, onions, black olives and mozzarella cheese on red sauce. 17.59

THE BEAR

Pepperoni, marinated chicken, ground beef, Canadian bacon, homemade Italian sausage and mozzarella cheese on red sauce. 18.79

SPANISH CHICKEN

Marinated chicken breast with red onions, toasted garlic, mushrooms, mozzarella and smoked Gouda cheese on red sauce. 17.59

GARLIC MASHED POTATO

We smother our pizza crust with savory baby red potatoes mashed with garlic butter and top it off with fresh diced tomatoes, green onions and feta cheese. 16.89

RUBY RAE

A delicious upside down pizza pie with the red sauce on top! Spinach, fresh diced tomatoes, Italian sausage, and mozzarella cheese. Sprinkled with crushed red pepper and parmesan cheese. 17.59

SHRIMP AL PESTO

Plump shrimp, fresh tomatoes, toasted garlic and homemade pesto on Bianca sauce with light mozzarella cheese. Our pesto contains pine nuts. 18.79

PIZZA LUPÉ

Black bean salsa and mild Pico de Gallo topped with black olives, cheddar and light mozzarella cheeses, green onions and taco beef. Served with lettuce and sour cream on the side. 18.19

THE WRANGLER

BBQ chicken breast, banana peppers, red onions, and mushrooms with cheddar and mozzarella cheeses on our BBQ/red sauce. 17.59

MARGHERITA

Fresh basil, diced tomatoes, parmesan cheese and toasted garlic on Bianca sauce with light mozzarella. 16.89

PIZZA ATHENA

Fresh spinach, fresh tomatoes, feta cheese, calamata olives, artichoke hearts, red onions, Greek oregano and toasted garlic with light mozzarella cheese on Bianca sauce. Easily made with red sauce. 18.79

BAKED POTATO PIZZA

Pizza crust smothered in buttery-garlic baby red mashed potatoes and topped with broccoli, fresh diced tomatoes, cheddar cheese and a sprinkle of smoked apple hickory bacon. Served with a side of sour cream. Vegetarians – the bacon is easy to leave off. 17.59

MAXIMUS

Homemade Italian sausage, pepperoni, Canadian bacon, mushrooms, onions, green peppers, black and green olives and mozzarella cheese on red sauce. 18.79

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more pizza, dessert and beverages

build your own pizza

Basic Cheese Pizza	12.89
Additional Toppings, add	1.39 per topping
*Premium Toppings, add	2.78 per topping

Our Build Your Own Pizzas are made with 100% real mozzarella cheese and our homemade red sauce. If you wish to have Bianca, please tell your server. Bianca sauce is our unique blend of olive oil, fresh garlic and Italian seasonings.

CHEESES:

Smoked gouda, feta, ricotta, Wisconsin goat cheese, fresh parmesan, cheddar, provolone, gorgonzola, extra mozzarella.

CHEESE SUBSTITUTES:

*Premium Toppings
V: Soy cheese, Rinotta (contains nuts and soy)

MEATS AND SEAFOOD:

Pepperoni, Italian pork sausage, Canadian bacon, ground beef, marinated chicken, barbecued chicken, Genoa salami.

*Premium Toppings
Shrimp, anchovies.

MEAT SUBSTITUTES

V: tofu

VEGETABLES

White onions, red onions, green onions, fresh minced garlic, roasted garlic, mushrooms, broccoli, green peppers, banana peppers, fresh jalapenos, fresh tomatoes, artichoke hearts, basil pesto (contains pine nuts), spinach, green olives, black olives, calamata olives, fresh basil, pineapple, giardiniera vegetables.

*Premium Toppings
Roasted red peppers, sun-dried tomatoes, roasted eggplant.

V: *Vegan*

dessert

We take care in preparation and storage, but we have nuts in our kitchens.

MOLLY BAR

V: Our delicious gluten and dairy free chocolate brownie. (Contains soy) 3.39

MOLLY BAR SUNDAE

Our fresh GF brownie topped with melted chocolate fudge, vanilla ice cream, whipped cream and a cherry. (Contains soy) 5.99

TIN ROOF SUNDAE

Two Scoops of vanilla ice cream topped with chocolate sauce, whipped cream, peanuts and maraschino cherry. 3.99

BEN & JERRY'S ICE CREAM PINTS

Vanilla, Peanut Butter Cup, Cherry Garcia, Vanilla Heath Bar Crunch. 4.49

beverages

Coke, Diet Coke, Sprite, Ginger Ale	1.99
Old Fashioned Cherry Coke	2.09
Iced Tea, Lemonade	1.99
Buddy's Grape, Orange, or Strawberry	1.59
Rootbeer	1.79
Milk	1.99
Organic Peace Coffee	1.99
Organic Hot Tea	1.99
Hot Chocolate	1.99

GLUTEN-FREE BEER

Redbridge	5.00
Crispin Natural Hard Apple Cider	5.25
Bard's Gluten Free Craft Beer	5.25

BIRTHDAY?

We can help with that! Give us a little notice and we can complete your special day with a GF cake from our friends at COOQI! Prices vary and advanced reservation and pre-payment required.